

The International SleepTalk® Training Academy - 2025 Training Calendar

SleepTalk® Consultants Course	Sat 11th-Sun 12th-Sat 18th-Sun 19th Jan	8 am – 12.30 pm AEDT	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Foundation Course	Sat 11th Jan	8 am – 12.30 pm AEDT	\$297	https://thesleeptalkprocess.com/professional-training/
Sleeptalk Refresher	Sat 25th Jan	1 pm - 5pm	Ref \$199	Brisbane - Australia
SleepTalk® Symposium	Sat 25th Jan	Brisbane	Free	Brisbane - Australia
*SleepTalk® Consultants Course	Sat 1st- Sun 2nd- Sat 8th- Sun 9th Feb	8 pm – 12.30 am AEDT	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Foundation Course	Sat 1st Feb	8 pm – 12.30 pm AEDT	\$297	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Express Consultants Course	Thurs Evenings 6th Feb to 3rd April	8.30 pm – 10 pm AEDT	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*Express Foundation Coach Course	Thurs Evening 6th Feb to 20th Feb	8.30 pm – 10 pm AEDT	\$297	https://thesleeptalkprocess.com/professional-training/
**Ignite Your Speakers Journey" Workshop	Sat 1st March	8 am – 12 pm AEDT	\$250	https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/
*Associate Trainers Course	Sat 8th-Sun 9th-Sat 15th-Sun 16th March	8 am – 12.30 pm AEDT	\$1999	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-trainer/
Penrith Sydney Refresher & SleepTalk® Symposium	Sun 2nd March	8 am - 12.00 app AEDT	Ref \$199 Syp Free	Penrith Panthers Leagues Club
*SleepTalk® Consultants Course	Sat 22nd, Sun 23rd, 29th & 30th March	9.00pm – 1.00 am AEST	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Consultants Course	Sat 5th-Sun 6th-Sat 12th-Sun 13th April	8.30am–12.30pm AEST	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Foundation Coach	Sat 5th April	8.30am–12.30pm AEST	\$297	https://thesleeptalkprocess.com/professional-training/
*Express Foundation Coach Course	Thurs Mornings 1st May to 15th May	7.00 am – 8.30am AEST	\$297	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Express Consultants Course	Thurs Mornings 1st May to 26th June	7.00am – 8.30am AEST	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Consultants Course	Sat 3rd-Sun 4th-Sat 10th-Sun 11th May	8pm – 12.30am AEST	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Foundation Course	Sat 3rd May	8pm – 12.30 am AEST	\$297	https://thesleeptalkprocess.com/professional-training/
LIVE "Elevate your Professional Speaking Journey" (Lvl 2 Lead Trainers)	Fri 6th-Sat 7th-Sun 8th June	8 am – 5 pm	\$1999	https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/ Alice Springs
**Ignite Your Speakers Journey" Workshop	Sat 15th June	8 pm – 12 am	\$250	https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/
LIVE SleepTalk® Associate Trainers Course	Fri 4th - Sat 5th - Sun 6th July	8 am – 5.30 pm	\$1999	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-trainer/ . Napoli Italy

LIVE "Elevate your Professional Speaking" Course (Lvl 2 Lead Trainers)	Sat 12th -13th - 14th July	"Napoli" Italy 8am - 5.30 pm	\$1999	(Venue still to be announced) in https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/
"Live" Symposium & Refresher Course	Friday 11th July	Napoli Italy	\$250	
LIVE "Elevate your Professional Speaking" Course (Lvl 2 Lead Trainers)	Fri 1st Sat 2nd- Sun 3rd Aug	Hoi An Vietnam 8am - 5.30 pm	\$1999	Silk Village - Hoi An https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/
Refresher workshops	Tuesday 5th Aug	Hoi An Vietnam 12noon - 5pm	\$199	Venue TBA
*Foundation Coach Course	Sat 6th Sept	8 am – 12.30 pm AEST	\$297	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Consultants Course	Sat 6th, Sun 7th, Sat 13, Sun 14th Sept	8 am – 12.30 pm AEST	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Express Consultants Course	Thurs Evenings 4th Sept to 30th Oct	8.30pm – 10.00pm AEST/ <i>fm Oct AEDT</i>	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Express Foundation Course	Thurs Evenings 4th Sept to 18th Sept	8.30pm – 10.00pm AEDT	\$297	tps://thesleeptalkprocess.com/professional-training/
*Associate Trainers Course	Sat 4th, Sun 5th, Sat 11th, 12th Oct	8pm – 12.30am AEDT	\$1999	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-trainer/
*Foundation Coach Course	Sat 1st Nov	8 pm – 12.30 am <i>AEDT</i>	\$297	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Consultants Course	Sat1st-Sun2nd -Sat15th- Sun16th Nov	8 pm – 12.30 am <i>AEDT</i>	\$1499	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
Refreshing & Sleptalk Symposium	Fri 7th Nov	8 am - 12.00 app AEDT	Ref \$199Sym Free	The Dorset Melbourne - Australia
*SleepTalk® Reflections & Christmas Celebrations	Sat 6th Dec	8pm - 9pm <i>AEDT</i>	Free	

* Are all online virtual courses or workshops (Times can change depending on participants' differing time zones and requirements)

AEDT stands for "Australian Eastern Daylight Time." It is the time zone used during the daylight saving time period in the eastern part of Australia. AEDT is UTC+11:00, which means it is 11 hours ahead of Coordinated Universal Time (UTC). This time zone is typically observed from the first Sunday in October and ends on the first Sunday in April. These new and updated professional courses are excellent additions to your current practice, offering many existing clients with the world re-known SleepTalk® Process. For more information check out our webpage <https://sleeptalktrainingacademy.com> or organise a 15 min coffee chat with Kerre our Master of Training today.

When daylight saving time is not in effect, the standard time in this region is Australian Eastern Standard Time (AEST), which is UTC+10:00. Please note that the time differences may vary slightly during daylight saving time transitions in some regions, so it's a good practice to check for any changes or updates if you need precise and up-to-date information.

