

The International SleepTalk® Training Academy - 2025 Training Calendar

*SleepTalk® Consultants Course	Fridays 31st Jan - Fri 7th -14th - 21st Feb	7.30 pm – 12.00am AEDT	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Foundation Course	Fri 31st Jan	8 pm – 12.30 pm AEDT	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Express Consultants Course	Thurs Evenings 6th Feb to 3rd April	8.30 am – 10 am AEDT	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*Express Foundation Coach Course	Thurs Evening 6th Feb to 20th Feb	8.30 am – 10 am AEDT	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
*"IgniteYour Speakers Journey" Workshop	Thurs 30th Feb	8 am – 12 pm AEDT	\$250 (USD)	https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/
Refresher & SleepTalk® Symposium	Sun 2nd March	8 am - 12.00 app AEDT	R\$199 (USD) S Free	Penrith Panthers Leagues Club, Sydney Australia
*SleepTalk® Consultants Course	Fridays 21st,28th March, 4th, 11th April	7.30pm – 12.00 am AEST	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Foundation Coach	Fri 21st March	8.30am–12.30pm AEST	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
*Express Foundation Coach Course	Thurs Mornings 1st May to 15th May	7.00 am – 8.30am AEST	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Express Consultants Course	Thurs Mornings 1st May to 26th June	7.00am – 8.30am AEST	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Consultants Course	Sat3rd-Sun4th-Sat10th-Sun11th May	7.30 – 12.00 am AEST	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Foundation Course	Sat 3rd May	8pm – 12.30 am AEST	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
LIVE "Elevate your Professional Speaking Journey"(Lvl 2 Lead Trainers)	Fri 6th-Sat 7th-Sun 8th June	8 am – 5 pm	\$1999 (USD)	https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/ Alice Springs
Refresher workshops	Thursday 5th June	Midday - 4pm	\$199 (USD)	Venue To be announced - Alice Springs
*"IgniteYour Speakers Journey" Workshop	Sat 15th June	8 pm – 12 am	\$250 (USD)	https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/ Napoli Italy
Live *SleepTalk® Consultants Course	Saturday 5th & 6th July	9.30 am - 4.30pm	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
LIVE SleepTalk® Associate Trainers Course	Fri 4th - Sat 5th - Sun 6th July	8 am – 5.30 pm	\$1999 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-trainer/ . Napoli Italy
LIVE "Elevate your Professional Speaking" Course (Lvl 2 Lead Trainers)	Sat 12th -13th - 14th July	"Napoli" Italy 8am - 5.30 pm	\$1999 (USD)	(Venue still to be announced) https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/

"Live" Symposium & Refresher Course	Friday 11th July	Napoli Italy	\$250 (USD)	
LIVE "Elevate your Professional Speaking" Course (Lvl 2 Lead Trainers) Sold out	Fri 1st Sat 2nd- Sun 3rd Aug	Hoi An Vietnam 8am - 5.30 pm	\$1999 (USD)	Silk Village - Hoi An https://thesleeptalkprocess.com/specialist-speaker-workshops-and-sleeptalk-speaker-courses/
*Foundation Coach Course	Sat 6th Sept	8 am – 12.30 pm AEST	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Consultants Course	Sat 6th, Sun 7th, Sat 13, Sun 14th Sept	8 am – 12.30 pm AEST	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Express Consultants Course	Thurs Evenings 4th Sept to 30th Oct	8.30pm – 10.00pm AEST/fm Oct AEDT	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
*SleepTalk® Express Foundation Course	Thurs Evenings 4th Sept to 18th Sept	8.30pm – 10.00pm AEDT	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
*Associate Trainers Course	Sat 4th, Sun 5th, Sat 11th, 12th Oct	8pm – 12.30am AEDT	\$1999 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-trainer/
*Foundation Coach Course	Sat 1st Nov	8 pm – 12.30 am AEDT	\$297 (USD)	https://thesleeptalkprocess.com/professional-training/
*SleepTalk® Consultants Course	Sat1st-Sun2nd -Sat15th- Sun16th Nov	8 pm – 12.30 am AEDT	\$1499 (USD)	https://thesleeptalkprocess.com/professional-training/sleeptalk-become-a-consultant/
Refreshing & Sleptalk Symposium	Fri 7th Nov	8 am - 12.00 app AEDT	R\$199 (USD) S Free	The Dorset Melbourne - Australia
*SleepTalk® Reflections & Christmas Celebrations	Sat 6th Dec	8pm - 9pm AEDT	Free	

* Are all online virtual courses or workshops (Times can change depending on participants' differing time zones and requirements)

AEDT stands for "Australian Eastern Daylight Time." It is the time zone used during the daylight saving time period in the eastern part of Australia. AEDT is UTC+11:00, which means it is 11 hours ahead of Coordinated Universal Time (UTC). This time zone is typically observed from the first Sunday in October and ends on the first Sunday in April. These new and updated professional courses are excellent additions to your current practice, offering many existing clients with the world re-known SleepTalk® Process. For more information check out our webpage <https://sleeptalktrainingacademy.com> or organise a 15 min coffee chat with Kerre our Master of Training today.

When daylight saving time is not in effect, the standard time in this region is Australian Eastern Standard Time (AEST), which is UTC+10:00. Please note that the time differences may vary slightly during daylight saving time transitions in some regions, so it's a good practice to check for any changes or updates if you need precise and up-to-date information.

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